Winnipeg metro

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People are doing crazy things for this 'It Toy' metroLIFE

Protesters march in an anti-pipeline demonstration in Standing Rock last week. COURTESY CLAYTON THOMAS MULLER

PROTESTS MARCH ON

As more carloads of Winnipeggers head to Standing Rock, protesters take to the streets downtown

metroNEWS

'Journey' will not end

INDIGENOUS RELATIONS

More than 20 reconciliation projects in works

Stephanie Taylor
Metro | Winnipeg

Spaces for smudging and more indigenous art in civic buildings.

Those are some of the projects in the works to support Mayor Brian Bowman's message that 2016 is the year of reconciliation in Winnipeg.

Rhonda Forgues is the manager of the city's Indigenous Relations Division, which launched in 2013.

Over the past few months, she and her team have been working quietly on a list of 20-30 projects they hope to launch over the next five years that illustrate the city's commitment to reconciliation.

"Just because the year 2016 is coming to an end, doesn't mean our journey to reconciliation is," Forgues said in an interview Tuesday.

Back in March, her division submitted a list of potential reconciliation-related initiatives the city could implement at the request of the city's chief administrative officer, Doug McNeil.

Forgues says these ideas emerged from conversations with different members of the indigenous community over the past few years.

Some of the upcoming projects include creating an inventory of all the key historic indigenous sites in the city, both past and current.

Developing products that promote our city as a destination for indigenous culture and history is also in the works, Forgues added.

Damon Johnston, president of the Aboriginal Council of Winnipeg and a member of the mayor's Indigenous Advisory Circle, said he hopes the city and local indigenous leaders will finalize an urban aboriginal accord, initially announced in January.

"The relationship between indigenous leaders across the board in Winnipeg and the municipal government is the newest of government-indigenous relationships," he said.

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University strike heating up in national spotlight

UNIVERSITY OF MANITOBA

Protest reaches day 16 and now class schedules have to change

Jessica Botelho-Urbanski
For Metro | Winnipeg

The University of Manitoba's faculty strike will reach day 16 on Wednesday, officially triggering changes to students' fall and winter course schedules.

It seems both sides are stuck on language surrounding workloads, as rhetoric around the strike grows more heated by the day.

News releases from both parties this week have been frank, with the university saying Sunday they believed "the UMFA negotiating team will not accept anything the University offers." UMFA rebutted Monday, telling the school's president David Barnard to "quit sulking and get back to bargaining."

While there are no more scheduled conciliation talks this week, the University of Manitoba said it "would entertain further discussion should UMFA provide new language on teaching workload," according to an emailed statement from a school spokesman.

UMFA president Mark Hudson said by phone Tuesday the university's refusal to budge on issues of workload and job protections is leaving the faculty union "a bit frustrated."

University of Manitoba Faculty Association members march across University Crescent last week. JESSICA BOTELHO-URBANSKI/FOR METRO

"We need something in our collective agreement that protects us from the potential of unlimited unilateral increases to our workload. That's really fundamentally our bottom line," Hudson said, adding the U of M is in the minority among major Canadian universities by not having workload protections written into their collective agreement.

If the strike doesn't break Wednesday, the university provided four new possible timelines for the fall and winter academic schedules on its website. The holiday break from Dec. 23 to Jan. 2 will continue regardless of the strike length, the school said.

> **Quit sulking and get back to bargaining.**
> UMFA statement

The U of M posted its latest 84-page proposal to UMFA online Monday, a deal the union rejected flat out last week. On Sunday, the U of M asked UMFA to let its members vote on the offer individually, which UMFA also voted against.

The university believes the best way to work through the impasse "is to engage faculty members directly through a ratification vote on the university's offer," their spokesman said by email. The faculty association disagrees emphatically.

"We need the issues to be addressed. Fundamentally, that's what this comes down to," Hudson said.

UMFA's strike coffers seem stable, bolstered by donations from at least 41 other faculty associations and education-focused unions across the country, according to a list provided to Metro.

The largest donation — $50,000 from the University of Saskatchewan Faculty Association — adds to the "deep chest" of reserve funds UMFA already saved, according to Hudson.

Members of the USFA were in town picketing with UMFA during the first week of the strike, an experience their chair Len Findlay called "wrenching and exhilarating."

"The local dispute has a national significance. Our supporting the U of M Faculty Association is partly solidarity, but it's also partly self interest," Findlay said. "What's happening at the U of M is happening — or has happened or is threatening to happen — at all sorts of campuses across Canada."

ENVIRONMENT

Support for ban of pesticide

Braeden Jones
Metro | Winnipeg

The results of a recent poll show more than half of Manitobans want to keep the province's divisive pesticide ban.

Controversy has swirled around the legislation since the former NDP government put it into force in 2015 with The Environment Act after three years of consultation. As soon as the Progressive Conservative government came to power in April, the sustainable development minister said the province would consider changes to the ban.

Cosmetic Pesticide Ban Manitoba (CPBM) spokesperson Neil Bailey vocally opposed a review at the time, and said the Probe Research Poll results released Tuesday should "cause the government to take pause."

Through a survey of 1,000 Manitobans in September, Probe Research learned a "clear majority" want to maintain the current ban. The survey showed 53 per cent ant to keep the ban, compared to 42 per cent who do not.

Support for the ban is even stronger among Winnipeggers, as 55 per cent said they favoured the ban.

Bailey said it proves, despite "popular sentiments shared that people are opposed" to the ban, "the majority think the potential negative impact of lifting the ban outweighs the benefits municipalities or individuals would reap from being able to use whatever products they want."

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Lights, sounds, action

ART

Upper Fort Garry interactive display ready

Braeden Jones
Metro | Winnipeg

The birthplace of Manitoba is coming alive Wednesday night with a unique, high-tech and totally immersive sensory experience.

Before the construction fence around Upper Fort Garry Provincial Park came down, — unveiling the massive steel interpretive art installation in summer 2015 — local tech company Pattern Interactive was working on activating it with engaging lights and sound.

Their work merging heritage, art, and interactive technology culminates with a grand unveiling at a sound and light show Wednesday that the Friends of Upper Fort Garry group said "brings a new dimension" to the park.

Jeremy Choy of Pattern Interactive said his company's contribution to the project does that and more.

"The idea behind the lights is it attracts visitors to the park... as they get closer, they hear the audio, get drawn in further by the video, then look at the art on the wall as they get closer," he said, adding the mobile app and interpretive materials take it from there.

"There are so many layers to the experience — everywhere you look or turn, you hear or see something different."

Pattern Interactive developed all of the content for the app, as well as visual components to play on the installation's wall via 7,000 daylight visible pixels to tell stories of the Fort's past. They also developed content for the audio aspect, which Choy said is one of the coolest parts of the project.

"There are 18 distinct channels... it's not a typical 5.1 surround sound system," he said. "Depending on where you stand in the park you'll hear a totally different audio experience to go with the visual experience."

For example, at one end of the park you might hear fire crackling and distant, quiet fiddle music. But as you move, the fire becomes distant and the fiddle music and laughter gets louder.

"It encourages the visitor to go and explore along all 400 feet, explore the art created for the wall... engage with it and learn (the history)," Choy said.

He admits there were challenges in the early development, as working on the lighting and audio before the physical installation existed made "visualizing very difficult."

Choy and his crew got over that hurdle with an eight-foot-long scale-model prototype of the park using custom electronics and 3D printed parts.

"That helped us get a big head start," Choy explained, adding as difficult as the undertaking was, it was also incredibly rewarding.

"We wanted to make this project right... it's a big one for the province of Manitoba," he said. "One thing that's really special is the artwork that's gone into it, the multi-layer steel sculpture forming the history of the province, then through interpretation you're telling the story of Manitoba.

"The other big side is the technical one — what permanent outdoor installations have a theoretical video screen 400-feet-long with audio?"

He hopes the final product is something people can appreciate passively from a distance, or engage with in a meaningful way up close.

"I think all Manitobans would want to check it out, the park is a big part of Manitoba's history and this is a completely different way to learn about it," he said.

A 400-foot-long art installation at Upper Fort Garry Provincial Park will illustrate the history of the site. CONTRIBUTED

BACKGROUND

Upper Fort Garry was built between 1834 and 1837 and functioned as a trade hub and centre of the Red River Settlement.

Later, it was the place where Louis Riel formed his provisional government that pushed the province into entering Confederation.

By 1889 it was demolished.

Heritage group Friends of Upper Fort Garry has been working to revitalize the park since 2006, and planned the new heritage park in 2010.

It became a provincial park in 2014, the current physical installation was unveiled in 2015, and the full interpretive experience is being launched this week.

Pattern Interactive developed all of the content for the app, as well as visual components on the installation. CONTRIBUTED

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Pipeline protest rocks intersection

STANDING ROCK

Portage and Main shut down in show of solidarity

Jessica Botelho-Urbanski
For Metro | Winnipeg

For those who can't stand with members of the Standing Rock Sioux Reservation in person, a Dakota Access pipeline protest at Portage Avenue and Main Street was the next best way to show solidarity Tuesday.

Protesters across the continent participated in a National Day of Action, speaking out against the pipeline planned to cross through Illinois, Iowa, South Dakota and North Dakota.

The U.S. government delayed its decision about construction Tuesday, amid the protests.

In Winnipeg, protesters took to the four corners of the famous intersection during the afternoon rush hour, with signs, drums and megaphones, chanting "water is life" and "keep it in the ground".

Many drivers honked in support.

Caravans of Winnipeggers have been heading south to Standing Rock in recent weeks to bring winter supplies to the estimated 9,000 people camping near the North Dakota reserve.

Clayton Thomas-Müller, who went for a two-day trip to Standing Rock last week, said the Manitoba Energy Justice Coalition website is still organizing carpools from Winnipeg down south.

He called his experience at Standing Rock "beautiful" and wished he could have stayed longer.

"I think it was really quite historic and also traumatizing though," he said.

"On my way back, I got word of the outcome of the presidential election (with the American people choosing Donald Trump) as I passed through Grand Forks.

"It definitely put a very sombre tone over what was truly an incredible and eye-opening experience — seeing the resiliency of water protectors down there on the front line and just the incredible sense of community."

Thomas-Müller said he met people from around the world at Standing Rock. He helped build yurts, participated in a sweat lodge ceremony and marched alongside thousands of silent protesters toward the pipeline's construction barricades.

"We've got a lot on our plate here in Canada with almost half a dozen tar sands pipelines we're fighting up here," Thomas-Müller said.

"But certainly I look forward to getting back down to Standing Rock and bringing more supplies for the great water protectors down there in the spirit of solidarity."

Demonstrators against the Standing Rock pipeline close the intersection at Portage Avenue and Main Street Tuesday. PHOTOS LYLE STAFFORD/FOR METRO

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Games organizers looking for volunteers

CANADA SUMMER GAMES

Planning staff need 6,000 ' to sign up now'

Braeden Jones
Metro | Winnipeg

Canada Summer Games organizers need people to sign up as volunteers — sooner rather than later.

The major event — celebrating its 50th anniversary in Winnipeg next summer — already has 500 people signed up as "planning volunteers" and some will convert to "games time" volunteers.

Jeff Hnatiuk, president and CEO of the 2017 Canada Summer Games, said they need a total of 6,000 volunteers to register.

"We really need people interested to sign up now because there's a significant volunteer journey that needs to take place in January and February where we need to screen our volunteers … We need them to sign up now," said Hnatiuk.

The Summer Games is expected to bring out more than 20,000 spectators to watch 4,000 athletes compete.

Hnatiuk said the best estimate for the economic impact of the games is a projected $153 million. But the biggest legacy of the games, he said, is the "volunteer component" itself.

He Canada Summer Games will represent the "largest event, volunteer-wise, since (Winnipeg) hosted the Pan Am Games in 1999."

There are added layers to complicate recruitment — organizers hope for at least 1,000 national-language bilinguals, and at least 500 indigenous volunteers.

Planning volunteers are ready to take applications at the Canada Summer Games volunteer recruitment centre. CONTRIBUTED

ROOMING HOUSES

Inform tenants of rights, advocate says

Stephanie Taylor
Metro | Winnipeg

Inspecting licensed rooming houses annually is only the first step towards ensuring safer living conditions for some of Winnipeg's poorest, said a North Point Douglas advocate.

Sel Burrows said the city must better inform residents about their tenant rights, specifically regarding livability and fire safety. That includes those who live in rooming houses — living spaces with shared bathrooms and kitchens — but also residents of homes converted into suites or walk-up apartments.

In the coming months, he will ask the city to provide better information to these tenants through flyers.

"It should be the city's responsibility to inform people of what the safety issues are," Burrows said in an interview Tuesday.

On Wednesday, council is poised to approve a report that calls for fire inspectors to perform annual fire safety checks on licensed rooming houses.

Burrows said these facilities were deemed to be the most susceptible to fire, but the inner city is home to hundreds of other older single-family converted homes and walk-ups that need attention.

According to the city, there are 597 converted residential dwellings that are licensed, awaiting renewal or application approval.

For Jino Distasio, a professor and the director at the University of Winnipeg's urban studies department, rooming houses and other types of converted suites can fulfill an immediate need for affordable housing, so long as they are maintained properly.

"Anytime you put more than one person or multiple people into a single-family home, you have to do it right."

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AM I NOT KING: The Last Concert of Richard II debuts at the West End Cultural Centre next month. CONTRIBUTED

Shakespeare with a rock 'n' roll twist

THEATRE

Artists tap into Richard II tale with new collaboration

Michelle Bailey
For Metro | Winnipeg

It came to Winnipeg actor, singer-songwriter Tom Keenan at an album release party roughly six years ago.

"That's when I first thought of doing William Shakespeare's Richard II as a rock concert," he said.

Enter stage left director (a.k.a. "project brainchild") Christopher Brauer, the wildly popular Winnipeg pop indie band Royal Canoe and zone41 theatre and AM I NOT KING: The Last Concert of Richard II became a reality. It debuts at the West End Cultural Centre next month.

"It's a contemporary take on Richard II that we have written all new songs for in collaboration with Tom," said Royal Canoe band member/founder Matt Peters. "We are pretty excited about it.

"Being able to work with Tom and Christopher and zone41, I think we can say people who come to see this will be relieved to experience how fun it is to enjoy and appreciate a Shakespeare play without it being on the ... uh ... dry side."

King Richard II is believed to have been written in approximately 1595 and is based on the life of King Richard II of England.

"Let's just say it will be a little more accessible for someone who is not as familiar with medieval England," laughed Peters.

Keenan said it is gratifying to see this project come to fruition after several years of working on it with all of those involved.

"Everyone has been so busy with other projects, concert tours, and other things that trying to nail down everyone's schedule to work on it hasn't always been easy," Keenan said. "It's been a real back and forth process and, in fact, we're still fiddling with and fine tuning the show."

As for why Richard II is the Shakespeare play of choice for this particular collaboration, Peters says "Christopher has always seen Richard II like a flamboyant rock star. More concerned about image than actual leadership."

AM I NOT KING

- The concert will be staged at the West End Cultural Centre Dec. 14-18.
- Advance tickets are on sale now for $20 each and are available at the WECC box office or online at www.zone41.ca/tickets.

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#WomenOnBoards

A Metro special focus

Corridors of power filled with men

ANALYSIS

Few women in Crown corps that directly impact your life

Ryan Tumilty
Metro | Ottawa

When the Bank of Canada changes interest rates, financial markets around the world move and your credit card can get a lot more expensive.

The Canadian Mortgage and Housing Corporation (CMHC) sets the rules that ultimately determine if you get approved for a mortgage — and how much it will cost.

If you fly anywhere in Canada, the Canadian Air Transport Security Authority (CATSA) is the organization that determined the size of the shampoo bottles you are allowed to pack in your carry-on bag.

And if you live in Ottawa, the ubiquitous National Capital Commission has a huge impact on your life. Even if you don't live in the capital, the NCC is the organization that makes decisions about our country's national monuments.

While women make up about 34 per cent of the appointments to all 42 of the federal government's Crown corporations, it's safe to say that not all of these organizations are created equally or have the same impact on your day-to-day life.

And some of those that do directly impact you are mostly run by men.

Only four of the Bank of Canada's 15-person board are women. At the CMHC, only two of the 12 board seats are held by women. CATSA has three women on its 11-person board, while the National Capital Commission has three women on its 15-person board.

There are other boards whose gender balance is more skewed towards men, such as the all-male boards of the Laurentian Pilotage Authority and the Canadian Dairy Commission, but few Canadians are significantly affected by those organizations. The Bank of Canada, on the other hand, matters to anyone with a bank account.

Duff Conacher, co-founder of the group Democracy Watch, said some of the more influential Crown corporations definitely need to more broadly reflect the makeup of the country.

"There is a question about whether some Crown corporation boards really have to be representative of society," he said, "whereas others, it seems more clear that they should be demographically representative."

Conacher said the corporations that are dealing with technical areas might not have to be that reflective, but "the ones that are making societal decisions," need to be diverse.

"They should be more like legislatures and should be more representative of society," he said.

Penny Collenette, an adjunct law professor at the University of Ottawa and a former director of appointments for prime minister Jean Chrétien, said the corporations are essentially an extension of government and need diversity at the board table and executive offices.

"Even though Crown corporations are arm's length from government, nevertheless they present a public face and therefore should reflect the government's strong commitment to gender diversity — and not just on their boards. But in the C suite, too," she said, referring to a corporation's most important senior executives.

Conacher contends that if the government really wants diversity — along with more transparency — it should make the appointment process more arm's length.

He said structural changes like that would take this from a commitment to a concrete change that isn't there right now. "You just have a commitment that doesn't have to be filled," he said.

Karine LeBlanc, a spokesperson for the Canadian Mortgage and Housing Corporation, said they are looking to fill vacancies right now and always have diversity top of mind.

"CMHC remains committed to supporting an approach that strives for the increased representation of women on our board," she said.

> You just have a commitment that doesn't have to be filled.
> Duff Conacher, co-founder of Democracy Watch

ABOUT THIS SERIES

THIS WEEK Metro will look closer at the Crown corporations that the federal government oversees, which **our analysis shows are overwhelmingly male.**

Many of these Crown corporations have huge influence on the lives of Canadians, from the interest rates they pay banks, to mail delivery to airport security.

WHAT YOU CAN DO

The federal cabinet appoints new directors to Crown corporation boards when positions open up. You can advocate for more diversity by contacting your MP and with the hashtag **#WomenOnBoards.**

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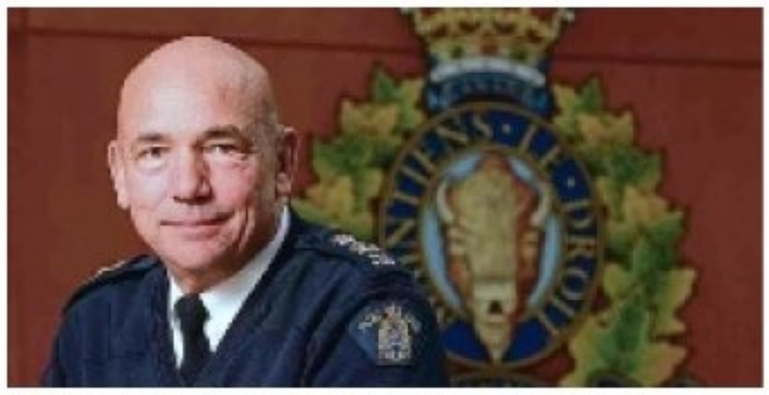

RCMP Commissioner Bob Paulson TORSTAR NEWS SERVICE

PRIVACY

Force says it lacks power to help victims

The RCMP is lobbying Prime Minister Justin Trudeau for more powers — including access to digital information without warrants — to investigate suspects who are hiding behind uncrackable encryption on their digital devices, a Torstar News Service/CBC investigation has found.

"I can safely say that there's criminal activity going on every day that's facilitated by technology that we aren't acting on," RCMP Commissioner Bob Paulson told Torstar and CBC in an exclusive interview. "We're losing our ability, if we haven't lost it entirely, to bring the traditional investigative response to technologically facilitated crime because of the misunderstanding, in my view, of the privacy threat."

The RCMP has reached a point, Paulson said, that Canadians should "think about where you go with that complaint because I don't know that we can help you."

"And that's a terrible thing for a person who's in charge of a police force to say when citizens, when companies, when corporate Canada, or indeed when the government comes to us and says, hey, we've been victimized on the Internet."

An RCMP briefing document sent June 23 to Trudeau's national-security adviser compares Canadian law enforcement's digital investigative capabilities with four western countries — and Canada stands alone.

The country lacks police powers in six categories, including legal remedies for cracking encryption, intercepting communications and accessing suspects' identities. TORSTAR NEWS SERVICE

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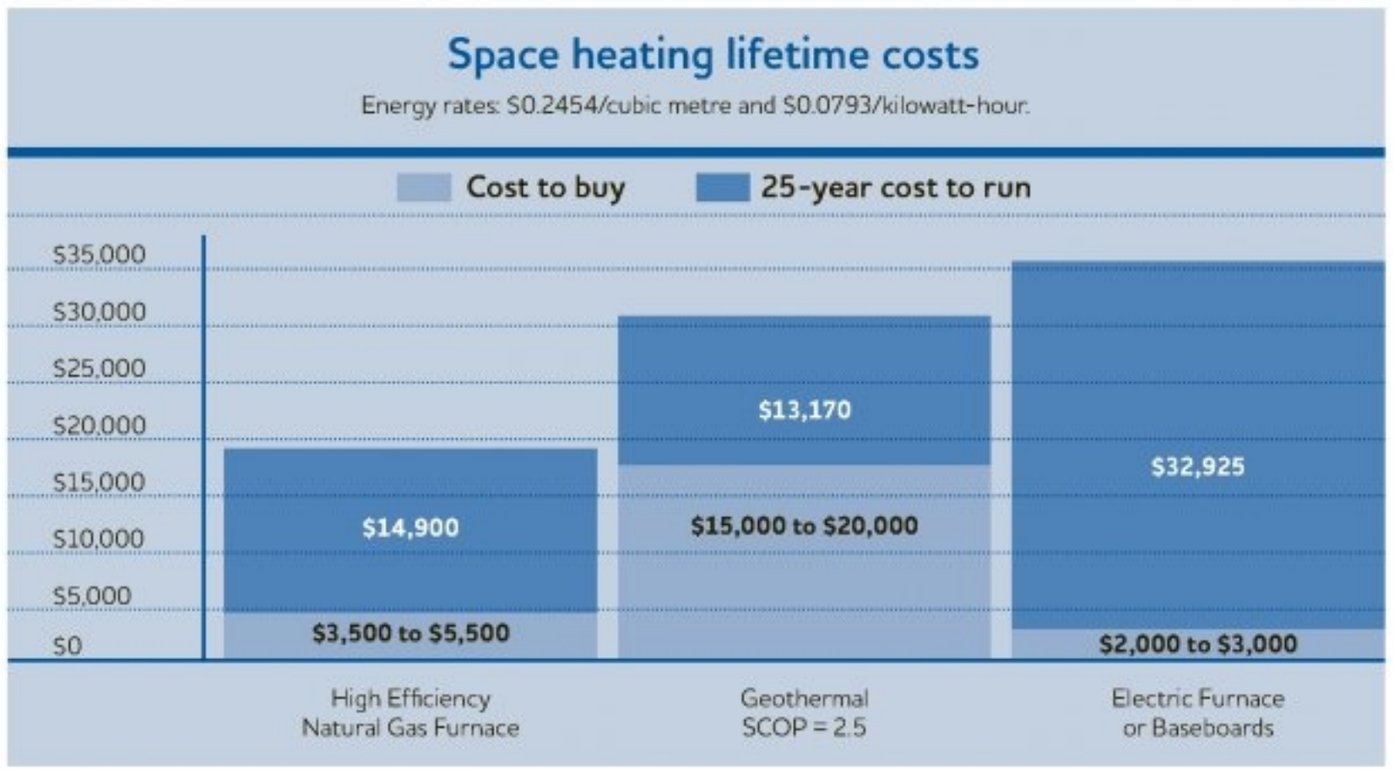
When comparing a natural gas high efficiency furnace to an electric furnace you could save up to $14,000 over the life of the heating system.

The following chart compares the lifetime costs of typical residential heating equipment. The **lifetime cost = cost to buy + (yearly cost to run X life of the system)**.

Space heating lifetime costs

Energy rates: $0.2454/cubic metre and $0.0793/kilowatt-hour.



The costs indicated in the chart are based on averages and will vary depending on your home, specific heating needs and other conditions such as whether you are building a new home or replacing existing equipment, switching energy sources, the size of the home, number of occupants, lifestyle habits, insulation levels, etc.

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5 Things about the last Trudeau visit to Cuba

Justin Trudeau has arrived in Cuba, the first official visit by a Canadian prime minister in many years. Back in 1976, Justin's father Pierre visited and not everybody was happy. TORSTAR NEWS SERVICE

1 A diplomatic first

Pierre Elliott Trudeau's 1976 visit to Cuba made him the first Western leader to make a visit to Fidel Castro's Cuba. Back then, the Cold War was still underway and the elder Trudeau was criticized for giving credibility to a Communist regime that had the support of Moscow.

2 Not just the sun was warm

Trudeau was cheered by more than 250,000 as he stood alongside Castro in an open car that cruised through Havana.

3 Tight security

Castro wore a gun during the visit, as was his custom. Trudeau wore an ascot. At one point, Canadian aides clashed with Cuban security trying to catch up with Trudeau. "Later, the Cubans hastily explained they feared a CIA attempt on Trudeau's life to embarrass Cuba," it was reported.

4 Pierre criticized, was criticized

Trudeau questioned Castro for Cuba's intervention in the Angolan civil war, and Trudeau came under fire from critics, who thought his visit was anti-American.

5 Michel melted Castro's heart

Trudeau was accompanied on the trip by his wife Margaret and three-month-old Michel, their youngest son. Castro gushed over the baby, cooing and holding him warmly. When Michel died in 1998, Castro made the trip to his funeral.

The tower of power

U.S. POLITICS

Factions jockey for position as Trump remains out of sight

Hidden from the public in his Manhattan highrise, Donald Trump huddled Tuesday with Vice-President-elect Mike Pence as he tried to fill out key posts in his cabinet. But the transition team appeared to be straining under the enormous challenge of setting up a new administration.

Former Rep. Mike Rogers, a respected Republican voice on national security issues, announced he was quitting the transition effort. And an apparent clerical oversight effectively halted the Trump team's ability to co-ordinate with President Barack Obama's White House.

With Trump out of sight for several days, his allies engaged in an unusual round of public speculation about his potential appointments — including their own futures — as the president-elect and his aides weighed the nation's top national security posts.

Passersby take selfies at Trump Tower in New York on Tuesday, as Donald Trump is holed up inside. KATHY WILLENS/THE ASSOCIATED PRESS

Former New York Mayor Rudy Giuliani seemed to be angling for secretary of state. But Trump's transition team was reviewing Giuliani's paid consulting work for foreign governments, which could delay a nomination or bump Giuliani to a different position, according to a person briefed on the matter but not authorized to speak publicly about it. A Trump official said John Bolton, a former U.S. ambassador to the United Nations, remained in contention for secretary of state.

Pence, now running the transition team, ignored questions from reporters both as he entered Trump Tower and as he left six hours later.

A person familiar with the transition efforts said different factions in Trump's team "are fighting for power."

THE ASSOCIATED PRESS

Donald digest

Bannon not so bad?
Trump campaign manager Kellyanne Conway insists that White House strategist Stephen Bannon isn't as scary as people say. AP

N.Z. gets a 'cordial' call
Trump called New Zealand Prime Minister John Key on Wednesday to express sympathies for the quake that killed two. The call was "warm and cordial." AP

Protecting immigrants
Mayors of major cities that have had cool relationships with immigration officials say they will do all they can to protect residents from deportation. AP

Masks in high demand
Ogawa Studio, the only manufacturer of rubber masks in Japan, is working to catch up with a flood of orders for Trump masks since his election. AP

NEW ZEALAND

Stranded earthquake cows given beef relief

Three New Zealand cows, whose predicament captured the interest of many people around the world after they became stranded on a small island of grass following a powerful earthquake, have been rescued.

The Newshub news service reported Tuesday that the two cows and a calf were rescued after a farmer and some helpers dug a track to them and brought them out. The farmer, who was not named, said the cows were desperate for water after they were rescued. He said the quake fault line ran right beneath his farm, which had been relatively flat before the earthquake. THE ASSOCIATED PRESS

The stranded cows. NEWSHUB

IN BRIEF

Suspect in fatal airline shooting found dead
A Southwest Airlines employee was shot dead outside Oklahoma City's Will Rogers World Airport on Tuesday. Police identified the victim as Michael Winchester, 52, and said a suspect was found dead in a pickup truck in an airport garage. THE ASSOCIATED PRESS

Parents charged with starving teenage son
Authorities said a 14-year-old boy weighing about 55 pounds is fighting for his life after spending much of two years locked in the basement of his Alabama home. His parents, Richard and Cynthia Kelly, are accused of denying the boy food and medical care. THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Wednesday, November 16, 2016

JESSICA ALLEN ON THE CRUTCH OF MYSTICISM

I've never understood why science doesn't better satisfy the spiritual void. We are literally made of stardust. It doesn't get more magical than that.

Three days after Donald Trump was elected president, Lena Dunham posted an Instagram photo of fortune teller mahjong cards. "We're all desperate for answers," she said.

We just might be looking in different places, depending on our age and gender. A 2014 Pew survey revealed that while millennials, like Dunham, are less interested in traditional western religion, "mysticism, witchcraft and magic are stepping in to fill the spiritual void."

Statistics have shown that more women than men put stock in fortune tellers and astrology. A 2005 Gallup poll found that 33 per cent of Canadian women believed "that the position of the stars and planets can affect people's lives," compared to 17 per cent of men.

Eleven years later, a Angus Reid study reported: "When it comes to paranormal phenomena such as ghosts, communication with the dead, and psychic powers," a, "women are about twice as likely men to believe such things are possible."

I know, I'm being such a typical Scorpio right now, passionately concerned about a 2014 report that revealed Canadian women were 21 per cent less science-literate than men, overzealous when faced with websites read mostly by women that perpetuate the problem.

We want to feel that we're part of something, that there's control and order in a chaotic world.

A piece on Flare.com called "Crystals for Beginners: An Intro to the Millennial Obsession," for example, delved into the science behind the pseudoscience by linking to a spirituality site called Self-growth.com. And in September a story on NASA's website, whose purpose was to help children understand the difference between astrology and astronomy, went viral because the space agency mentioned that the Babylonians left out a constellation, Ophiuchus, from the zodiac, meaning your star sign is not really what you think it is. TheKit.ca interviewed a celebrity astrologer who debunked NASA, placating readers who thought for a terrifying moment that they were a Cancer rather than a Leo. An Elle.com headline read "Your Star Sign Is Still The Same: Here's What NASA Got Wrong." The same age that witnesses NASA send a probe into orbit around Jupiter is the also the one in which women's magazines claim that the space agency is full of it.

Others even use the mystical in an attempt to further feminism. "The witch as an icon is resonating right now because we've entered a fourth wave of feminism," an author of a book called What Is a Witch told Salon. "We are redefining what power, leadership, beauty and value look like on our own terms. And the witch is the ultimate symbol of female power. Doing witchcraft is a way to connect to that energy, which is so needed right now, as we're beginning to collectively course correct thousands of years of sexism and oppression."

OK, NOW WE GET IT Actor Lena Dunham posted this image of fortune teller mahjong cards to Instagram earlier this week, in an apparent bid to make sense of the recent U.S. election.
INSTAGRAM

Using the same superstitious ideology that saw tens of thousands of women murdered hundreds of years ago because of their gender may not be the best way to correct sexism. It also can't be good for the movement's brand, especially in an age where women are still being murdered: "Nearly 2,100 people accused of witchcraft have been killed between 2000 and 2012" in rural India, the Washington Post reported in 2014.

Believe me, I understand the allure of wanting to tap into something ancient, to experience awe. We want to feel that we're part of something, that there's control and order in a chaotic world.

You might see the positions of the stars and planets as containing information about your personality and your future. There's no mechanism to explain how that actually works, but it satisfies your sense of wonder. What satisfies mine is that our galaxy has about 200 billion stars and 10 billion planets — and that there are between 100 and 200 billion galaxies in the 13.77-billion-year-old universe. In other words, there's little chance that the universe cares about my existence, let alone when I was born.

I've never understood why science doesn't better satisfy that spiritual void. We are literally made of stardust. It doesn't get more magical than that. Unless, that is, Sunday's Super Moon, a term, ironically, first coined by an astrologer, can explain Trump's ascendancy.

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

Leave those alt-right recruiting posters out where we can see them

A mystery person has left posters all over Toronto asking white people about their concerns and if they'd like to join the alt-right.

The city's police hate-crimes unit is reviewing complaints while city staff and residents have been pulling down these posters.

Earlier this fall, posters saying things like "If you're so obsessed with your third world culture, go the f**k back to where you came from" were mysteriously posted around the University of Alberta's campus.

It's the Case of the Unknown White Supremacist.

If as a citizen, you want to remove these posters, you're within your rights. But I'd rather we publicly reckon with the issues they bring up. To that end, I'd like to discuss some of the questions posed by the Toronto posters.

So, hey, white person: *"Tired of political correctness?"* If yes, do you mind being more specific? Like, are you tired of not getting to use the N-word or are your concerns more about feeling left out of using words like "bae"?

"Wondering why only white countries have to become 'multicultural'?" There is no such thing as a white country. Next question.

"Figured out that diversity only means 'less white people'?" Well, have you? (Just kidding! But only sort of!)

"Disgusted by the garbage on television?" Girl, me too. I can't believe that Kevin James has another television show. And Shonda Rimes can't be the only television producer in Hollywood. High-quality television is an ideal that should unite us, not divide us.

We should also be united in concern that police are intervening. Some kinds of public property, such as telephone poles, are open to those who want to promote their band's next gig, announce a garage sale or doubt the Holocaust. Even if you're not politically neutral, utility poles are.

Freedom of expression ought to be protected, not just for speech that's palatable but also for speech that's difficult to stomach. The lesson ought to be learned from the Trump win and its violent racist aftermath: Hate speech largely confined itself to dark corners of the Internet, where it went largely unexamined by mainstream media and the general public. And a dark, powerful and arguably decisive force wasn't accounted for until the votes were counted.

Canada is not immune to those forces. The Internet knows no borders. Now that ultra-right-wing ideas have made their presence felt across Europe and the United States, I want as many people — white people especially — to know about the dangers that white supremacists pose in this country, and to engage with those who are most vulnerable to those ideas.

So, hey, white person, I'll protect your right to freedom of expression if you'll listen to my concerns about race.

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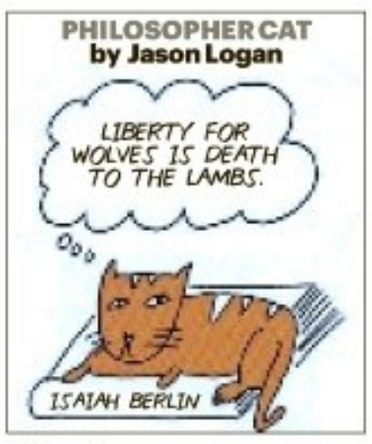

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metro LIFE

Your essential daily news

Estee Lauder buys millennial-favourite makeup brand Too Faced for $1.45 billion

CHOWGIRLS KILLER PARTY FOOD BY HEIDI ANDERMACK AND AMY LYNN BROWN

Your ultimate party food

BOOK EXCERPT

Inspired ideas for delicious appetizers and cocktails

Amy created this irresistible sticky-sweet sauce of honey and citrus to pair with (guess what?) whiskey and ginger.

Whiskey Ginger Cocktail Meatballs
Makes 24

Ingredients:
Meatballs
- 1 tbsp olive oil
- 2 tsp sesame oil
- 3 garlic cloves, minced
- 1 tbsp peeled and finely diced ginger
- 2 shallots, finely diced
- 1 lb (500 g) grass-fed ground beef
- 1/2 lb (250 g) ground pork
- 2 tsp kosher salt
- 2 tsp soy sauce
- 1 tsp freshly ground black pepper
- 1/4 tsp red pepper flakes
- 1 cup (250 mL) rice cakes or crackers, processed to crumbs
- 1 egg
- 1 tbsp orange zest

Sauce
- 1/4 cup (60 mL) bourbon or other aged whiskey
- 1/2 cup (125 mL) freshly squeezed orange juice
- 1/4 cup (60 mL) salted butter
- 1/4 cup (60 mL) honey (preferably local)
- 1/2 tsp cornstarch
- 1 tsp freshly squeezed lemon juice
- 2 green onions, chopped, for garnish
- 1 tbsp sesame seeds, for garnish
- 1 tbsp orange zest, for garnish

Directions:
Meatballs
1. Preheat over to 375°F (190°C).
2. In a large frying pan on high, heat olive and sesame oils. Add garlic, ginger and shallots and sauté for 3 minutes until softened. Transfer to a medium bowl. Set pan aside.
3. Using your hands, combine ground beef and pork, salt, soy sauce, pepper, red pepper flakes, crumbs, egg, and orange zest in bowl with shallot mixture until all ingredients are well combined.
4. On a parchment-lined baking sheet, place 2 tbsp meatball mixture in mounds spaced 1 in (2.5 cm) apart. Using your hands, roll each mound into a ball.
5. Bake for 18-20 minutes or until cooked through.

Sauce

1. Meanwhile, return frying pan to high heat. Add whiskey and orange juice and bring to a boil. When liquid is reduced to half, add butter and honey, and reduce heat to medium. Dissolve cornstarch in 2 tsp water and add to pan. Bring to boil and stir until mixture thickens, about 3 minutes.
2. Reduce heat to low, add lemon juice and meatballs to pan, and toss until well coated.
3. Garnish with chopped green onions, sesame seeds, and orange zest and serve with cocktail toothpicks.

Roasted Fall Vegetables with Saffron Aioli

Ingredients:
- 1/2 head cauliflower, stem removed and cut into florets
- 1 acorn or carnival squash, seeded and sliced into 1/2-in (1-cm) strips
- 2 red bell peppers, seeded and sliced into 1/2-in (1-cm) strips
- 1/2 head broccoli, stem removed and cut into florets
- 1 bunch slender carrots, peeled
- 2/3 cup (160 mL) olive oil
- 5 tbsp (75 mL) kosher salt
- 5 tsp freshly ground pepper

Saffron Aioli
- 3 tbsp red wine vinegar
- 2 garlic cloves, finely minced
- 1 pinch saffron thread, crumbled
- 1 tbsp honey
- 1 cup (250 mL) mayonnaise

Directions:
Roasted fall vegetables
1. Preheat oven to 375°F (190°C).
2. In a large bowl, toss each vegetable separately in 2 tbsp olive oil. Add 1 tbsp salt and 1 tsp pepper to each vegetable, tossing again to ensure even distribution.
3. Place on parchment-lined baking sheets and roast each vegetable until soft enough to pierce with a fork and edges are golden, about 30 minutes. Softer vegetables such as bell peppers will take less time. pickled carrots and daikon.
4. Display vegetables on a large platter and serve at room temperature with Saffron Aioli.
Makes 12 servings.

Saffron Aioli
1. In a very small saucepan on low heat, combine vinegar and garlic and bring to a simmer or heat in a microwave for 30-60 seconds. Add saffron and stir to release its red tint. Add honey, stir until dissolved, and remove from heat. Set aside to cool for 10 minutes. Add mayonnaise, whisking until thoroughly combined.
Makes 1 cup (250 mL)

Cold Spiced Cider
Makes 8 servings

Ingredients:
- 2 cups (500 mL) apple cider (for mulling)
- 2 cinnamon sticks
- 6 star anise
- 1 tsp whole cloves
- 1 orange, sliced
- 2 in (5 cm) fresh ginger, peeled and sliced lengthwise
- 1 cup (250 mL) bourbon
- 2 12-oz (355-mL) bottles hard pear cider
- 2 cups (500 mL) cold apple cider (for finishing)
- 1 tbsp orange zest, for garnish
- 8 star anise, for garnish

Directions:
1. In a small saucepan on medium heat, combine apple cider, cinnamon, star anise, cloves, orange slices, and ginger and bring to a boil. Reduce heat and simmer for 30 minutes to make a concentrate. Set aside and let cool.
2. Combine mulled apple cider, bourbon, pear cider, and cold apple cider in a large cocktail pitcher. Stir well and pour over ice.
Garnish with orange zest and star anise.

REPRINTED WITH PERMISSION FROM CHOWGIRLS KILLER PARTY FOOD: RIGHTEOUS BITES AND COCKTAILS FOR EVERY SEASON BY HEIDI ANDERMACK AND AMY LYNN BROWN (ARSENAL PULP PRESS)

Make frittatas a regular feature on your menu

RECIPE

Simple baked egg dish easy way to use up leftover foods

Karon Liu
Torstar News Service

In addition to keeping cans of beans, tuna and dried pasta at the ready, my kitchen will always have a carton of eggs on hand for those days when I'm making batches of meals.

The frittata is a simple baked egg dish that should be a regular feature on your menu.

It's an easy way to use up leftover vegetables and meats and it's fast, affordable and nutritious.

There isn't a scientific way of making a good frittata, which makes it a perfect dish for novice home cooks. The key is to have enough eggs (six to 10, depending on the size of your skillet) to cover the fillings and act as a binder so the frittata doesn't fall apart when it's removed from the pan.

When it comes to fillings, I prefer to pack it with veggies since I'm getting protein from the eggs, though if you want to use nothing but sausages and bacon, who am I deny you such joy?

Try chopped broccoli and cauliflower for texture, halved grape tomatoes add pops of colour, roasted peppers give sweetness, potatoes provide complex carbs and onions add wonderful aromas.

Herbs, fresh or dried, are also great add-ons to flavour the otherwise bland baked eggs.

A strong cheese like aged cheddar or gorgonzola will also punch up the flavour (careful not to go overboard on the salt in this case as the cheese is pretty salty on its own).

A well-seasoned cast-iron skillet works best for frittatas as the eggs will easily slide out of the pan when cooked, but any oven-safe skillet with a bit of oil or butter will work.

Pair leftover frittata with a salad for lunch the next day (eat it cold, because microwaving eggs will make you the office pariah) or sandwich it between a whole wheat English muffin for a protein-packed breakfast on-the-go.

Weeknight Vegetarian

Punch up the flavour of your frittatas by adding a strong cheese like gorgonzola or aged cheddar, or by mixing in fresh or dried herbs. KARON LIU

Frittata

- 1 tbsp (15 mL) olive oil
- 1 small onion, finely diced
- 1 garlic clove, finely minced
- 1 medium potato, diced
- 1 1/2 cups (375 mL) chopped broccoli
- Salt and pepper, to taste
- 1/2 tsp (2 mL) chili flakes
- 1/2 cup (125 mL) grated old cheddar
- 8 to 10 large eggs, beaten

Directions

- Preheat oven to 400F (200C).
- Heat medium-sized oven-proof skillet over medium heat.
- Heat oil. Sauté onion, garlic, potato and broccoli until onions and potatoes are soft, about 6 to 8 minutes.
- Season with salt and pepper. Add chili flakes. Stir. Taste and adjust seasoning if necessary.
- Spread vegetables in an even layer in skillet.
- Sprinkle cheese evenly on top.
- Pour whisked eggs into skillet, making sure eggs evenly cover vegetables and cheese. Add another whisked egg if necessary.
- Cook on stovetop for 1 to 2 minutes, or until edges of frittata begin to set.

- Move to oven and bake for 20 to 25 minutes until eggs are set.

- Remove from oven. Poke with fork to check doneness. If eggs are still runny, continue to bake for another few minutes.

- Let frittata cool in skillet for 5 minutes before flipping onto a serving plate or cutting board.

- Cut into wedges and serve. Let cool completely to room temperature before refrigerating in an airtight container for up to a week.

- Makes 6 servings.

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Chicken chipotle tacos vs. Chipotle steak burrito

Eat like a Texan, but be smart about it!

PICK THIS

Chicken chipotle tacos (x3)

Calories 865
Fat 24.5g
Sugar 9.5g
Soidum 1755mg

SKIP THIS

Chipotle steak burrito

Calories 1290
Fat 60.5 g
Sugar 17.5g
Sodium 2960mg

HERE'S WHY

Equivalent in fat to almost 8 regular hamburgers from McDonalds.

The burrito with all the "fixins" is close to a day's worth of calories and fat, and two days' worth of sodium! The reason is not just because of the sour cream and guacamole, but the fact that a large flour tortilla has more calories, fat and sodium compared to 3 small corn tortillas. The burrito also weighs close to 24 oz, compared to the tacos coming in at about 16 oz. By going for a more reasonably-sized meal and swapping out the flour tortilla and additional toppings, you can still get a delicious and filling tex-mex meal without going off the deep end nutritionally.

LIQUID ASSETS

Embrace simplicity with Nouveau this November

Tomorrow is the third Thursday of November which can only mean two things: a new episode of The Big Bang Theory and, for a whole different group of nerds, the release of Beaujolais Nouveau.

The talk of Paris, and many international cities, for most of the 1970s and '80s, Nouveau's cache became cliché during the New World wine revolution of the '90s. What goes around comes around in the liquor industry, with millennial wine fans now embracing the simplicity and fun the wine's release injects into a cold November night.

Sadly the wines are ignored by wine "experts" who just don't get that a Nouveau's fresh and juicy flavour profile is meant to inspire poems, not essays. While the selection of wines may vary across the country,

Mommessin's 2016 Beaujolais Nouveau ($15.99-$18.99) has national distribution and well represents the concept. PETER ROCKWEL/ METRO

Avalyn, 6, plays with her new Hatchimal just as it begins to peck through the shell. Hatchimals are the new weird Xmas toy flying off the shelves. The egg must be cared for until it begins to hatch just as a real egg would. Inside is a plush bird that then responds to human interaction. RICHARD LAUTENS/TORSTAR NEWS SERVICE

It's the hottest toy of the year

CONSUMER MARKET

Hatchimal sells out across Canada; savvy resellers profit

Even if they're not quite sure what it is, kids know they want a Hatchimal.

They've seen the commercials. They've seen the catalogues. Some lucky child in their class has gotten their sticky hands on one. This year's hot holiday toy comes in the form of a Draggle, Penguala, Owlicorn, Burtle or Bearakeet. The winged, cyber plush creature is hidden inside the cardboard egg until it pecks its way out.

But good luck finding one. The $90-ish toys were released on Oct. 7 and just over a month later, are mostly sold out across Canada with savvy resellers offering the candy-coloured bird-like beings at nearly three times their value on Craigslist, eBay and social media. One was going for $250 on a local buy-and-sell Facebook group, causing a backlash and flurry of angry messages among those who felt the resale price was exploitative. On Kijiji, one hopeful seller was offering a Penguala in a teal and pink egg for a cool $1,000.

A message on the official Hatchimals website will likely disappoint parents looking to buy one at a reasonable price.

"The consumer response to Hatchimals has been extraordinary, exceeding all expectations. Some of our first shipments have already sold out," it says in part.

Mellissa McDonald's 6-year-old daughter Ella has her heart set on a Hatchimal.

"I went to try to find one not really knowing the hype about it," said the Kitchener mom, who has now called around to area toy stores, tried to find them online and even has family keeping an eye on U.S. stores. Her daughter's friends all want one as well.

"It certainly puts parents in a tough position," said McDonald, 38. "Sometimes the hype makes people want it more, and it makes people do crazy things for the It Toy. It's like, 'If I get this for my kid, then I'm doing a great job and I'm a great parent.'"

More stock, the company assures, will be available after the holidays, in January 2017. But that only amps up the pressure, said Seung Hwan (Mark) Lee, an associate professor at the Ted Rogers School of Retail Management at Ryerson University who studies consumer behaviour.

Several forces work together to create the fuss, Lee said. First, the toy is scarce, either in fact or in parents' imaginations. Some retailers might withhold stock to create scarcity and demand. Photos of empty shelves start appearing. Parents and kids experience FOMO, or fear of missing out. Then social comparison creeps in, especially when it seems like everyone on Facebook is talking about the thing. And then there's a strong desire to belong to the "in crowd" of those lucky enough to find one.

"It's human nature to compare ourselves to other people," Lee said. He believes in the power of the influencer, the parent with a big social media following or who otherwise seem "in the know."

Although named a "top toy" for 2016 by many major retailers and appearing on catalogue covers, supply is spotty at best. Hatchimal is sold out at Toys R Us stores across Canada, that company confirmed, adding it's unclear whether they will receive more before Christmas. The same is true of Indigo, where "sales have been off the charts," according to a spokesperson.

The store Showcase is selling via a pre-order and charging $119.99, according to the website. At Walmart, they cost $59.97 but are sold out online and in most stores.

Specialty store Mastermind Toys should receive a new shipment early December, flown in from factories in China.

"Before then, we have some very thin product out there," said Mastermind Toys' Toronto-based CEO Jonathan Levy. "I'm sold out and I bought three times what I was comfortable with."

He likened the Hatchimal to an updated Tamagotchi, a digital pet from the '90s that had to be similarly "fed" and "nurtured" but was keychain-sized and less friendly.

Like movies and music, the October release date or "Hatch Day" was promoted "to create a bit of hype," Levy said. The company sent an email inviting its entire customer database to witness a "Hatchimal Happening."

It was also heavily promoted on Facebook, Instagram and Twitter to build awareness.

TORSTAR NEWS SERVICE

> **Sometimes the hype makes people want it more, and it makes people do crazy things for the It Toy.**
> Mellissa McDonald, Consumer

MODERN ART PRESERVED '20S PAINTING FOR SALE A rediscovered painting by Frida Kahlo is going to auction. The 1929 portrait, called "Nina con collar" or "Girl with necklace" will be part of Sotheby's Latin America: Modern Art sale on Nov. 22 Its pre-sale estimate is 1.5 to $2 million.
THE ASSOCIATED PRESS

Bogomila Welsh-Ovcharov poses with Vincent Van Gogh: The Lost Arles Sketchbook. AP PHOTO/CHRISTOPHE ENA

ART

Museum denies that drawings in book by Van Gogh

The Van Gogh Museum says a book of previously unpublished drawings claimed to be by Dutch master Vincent Van Gogh is fake.

The book, The Lost Arles Sketchbook, is collated by Canadian art historian Bogomila Welsh-Ovcharov, a former professor at the University of Toronto.

It is being published internationally despite warnings by the museum's experts that the style, topography and ink in the sketches prove that the drawings are unoriginal.

Welsh-Ovcharov called it an "OMG moment" at a Paris press conference Tuesday, describing when she discovered the sketches that she says apparently date from 1888-1890 in the southern French city of Arles.

However, Van Gogh museum director Axel Ruger said the drawings don't reflect Van Gogh's development then.

Ruger says they used original brownish ink when Van Gogh used only black or purple ink - that only later appeared brown because of age.
THE ASSOCIATED PRESS

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JOHANNA SCHNELLER WHAT I'M WATCHING

Cutting your hair and other prison essentials

THE SHOW: How to Prepare for Prison, Nov. 16 (TVO)
THE MOMENT: The Haircut

Courtney Hills stole $950,000 from her employer in Calgary and pleaded guilty. As she waits to be sentenced, she meets with a prison consultant, Lee Chapelle, who spent 21 years behind bars. (According to this doc from director Matt Gallagher, rising incarceration rates in North America have turned prison consultancy into a cottage industry.)

"So, haircut tomorrow," Lee says to Courtney, who is 20-something, with long hair. "We know why we do this: manageability, potential lockdown, lack of shower time, plus eliminate any chance of somebody being able to use it physically against you, grabbing your hair."

In an interview for the camera, Lee explains, "Prison changes people. You put on a mask to survive. You don't cry, you don't smile. As time passes, this is no longer an act. This becomes the person."

Courtney Hills is told by prison consultant Lee Chapelle that she has to cut her hair before going to prison. CONTRIBUTED

"I have to become someone I'm not but not lose the person I was," Courtney says.

Inside this film is another fascinating one waiting to be made about prison consultants — great topic! — and the scene above should be in it. I'd love to be walked through the steps that a person needs to take to be ready to do time.

Despite its promising title, this is film is not that. Instead, it decries a system that sends non-violent offenders to prison and then, somewhat cruelly, tries to manufacture suspense about what kind of sentence Courtney and two other accused criminals might get. It should have been called, I Wish Someone Had Scared Me Straight, But Now It's Too Late.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

MUSIC

Deadmau5 loses the mask to teach

Canadian DJ and electronic dance producer Deadmau5 is lifting off his signature mouse head for a series of online classes about making music.

Deadmau5, whose real name is Joel Zimmerman, will host more than 20 lessons for the online educational organization MasterClass.

Each session costs US$90 and comes with a digital workbook.

Organizers say the Niagara Falls, Ont., native will offer advice on "melodies, mixing and mastering to make unique sounds you can't find in a cookie cutter sample pack."

It's part of a growing series of online lessons offered by MasterClass.

The company has already brought in pop singer Christina Aguilera to teach singing lessons and The Social Network screenwriter Aaron Sorkin to talk about story structure.
THE CANADIAN PRESS

Joel Zimmerman of Deadmau5, is interviewed without his usual over-sized mouse head costume. Zimmerman will be teaching online classes about making music. THE CANADIAN PRESS

GOSSIP BRIEFS

The Rock named People's Sexiest Man Alive

Former WWE champ Dwayne "The Rock" Johnson can add People's Sexiest Man Alive title to his list of accomplishments.

The wrestler-turned-actor was crowned this year's winner Tuesday morning. The 44-year-old tells the magazine that the honour means he has "pretty much reached the pinnacle." Johnson is set to discuss his new status with Ellen DeGeneres on her talk show Tuesday.
THE ASSOCIATED PRESS

Election mourning at Women of the Year event

Glamour magazine closed its 26th annual celebration of trailblazing women with a star-studded tribute to Hillary Clinton.

Lena Dunham, Shonda Rhimes, Elizabeth Banks, Chelsea Handler, Ted Danson and Constance Wu were among the entertainers who paid homage to the Democratic presidential candidate at Glamour's Women of the Year Awards Monday in Los Angeles. They listed Clinton's achievements and thanked her for her leadership.
THE ASSOCIATED PRESS

Presenters from the most recent Winnipeg PechaKucha Night pose for a photo. JEOPE WOLFE

PechaKucha coming back to Winnipeg's The Park Theatre

It isn't the easiest word to pronounce, but PechaKucha is an ingenious way to communicate.

PechaKucha — Japanese for "chit chat" — is a simple presentation format where presenters show 20 still images while talking to an audience about each image. The trick, though, and what makes it unique, is the images are only on screen for 20 seconds, and the presenter has only those 20 seconds to talk about each particular image before moving on to the next.

The PechaKucha 20x20 format has gone viral since it was devised by architects in Tokyo in 2004 — events are now held in more than 900 cities around the world — and it's been happening four times a year in Winnipeg at The Park Theatre since 2010.

"It's a presentation format that's democratic — everybody going up on stage has the exact same amount of time, the exact same number of slides — and trying to work within the format has become almost like a creative project all on its own," says Oliver Oike, a graphic design instructor at Red River College who is one of the city host organizers of Winnipeg's PechaKucha events. "It works out to be six minutes and forty seconds per person, and it just makes for a varied and diverse, fun, and unexpected kind of event."

The Winnipeg edition, put on by the Manitoba chapter of Graphic Designers of Canada, has featured a who's who list of local creative types speaking about their projects over the years, and Oike says they'll be another set of 10-14 A-list presenters ready to chit chat about whatever they've been up to at the next Winnipeg PechaKucha Night, set to take over the stage at The Park Theatre Nov. 24.

"We've had graphic designers, photographers, illustrators, we've had poets and writers, we've had cooks and chefs, actors and singers and everything in between," says Oike. "Our idea is to find smart and talented people and just let them do whatever they want."

The 28th volume of Winnipeg PechaKucha Night starts at 8 p.m. Nov. 24 at the Park Theatre. Admission is free, although a suggested $10 donation is accepted at the door.

For more information follow the group on Twitter under the handle @PKN_Winnipeg or go to myparktheatre.com.

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Nissan releases special Juke Black Pearl edition

Focus RS worthy of the hype

REVIEW

What it lacks in subtlety it makes up for in power

Dan Ilika
AutoGuide.com

Count me among the embittered, my frustration growing with each passing year as another European sports wagon or hot hatch fails to make it to this side of the Atlantic.

But the tide is slowly turning, and with it, my feelings from frustration to jubilation, as more and more bubble-backed dream machines make their way to North American shores. Among the latest to do so is the Ford Focus RS, a rally-inspired ride that would make even the most die-hard Subaru fan blush.

The Focus RS is the third — and hottest — hot hatch in Ford's current crop of cars, joining ST versions of the Focus and smaller Fiesta. And while those two are easily counted among the most fun-to-drive cars on the market today, they seem optically ordinary when lined up next to the RS.

The gargantuan grille, massive spoiler, and rear diffuser complete with huge exhaust tips are definitely not doing anything to hide what lurks beneath the sheetmetal. Add in the optional nitrous blue paint, and the RS borders on aesthetically offensive, and has "cop-magnet" written all over it.

It's not that there's anything particularly wrong with the Focus RS, but it's far from understated, and won't check any boxes for those in the market for a sleeper.

What's under the hood will do about as little to avoid the attention of the local police as the in-your-face exterior, with power coming from the same 2.3-litre turbocharged four-cylinder found in the Mustang EcoBoost. Truthfully, I never thought the engine was a match for the Mustang, feeling a bit unresponsive and underpowered. Neither of those issues plague the EcoBoosted RS, though, with a few extra tricks up its sleeve — namely a new twin-scroll turbocharger and larger intercooler — that help push output to a ridiculous 350 hp and 350 lb-ft of torque.

All that power heads to the wheels through a torque-vectoring all-wheel-drive system that features a pair of clutch packs that can split power front to back and side to side before you even know you need it there, sending power outside, for example, to kill any semblance of understeer.

The only gearbox available is a six-speed manual, but it is one of the finest examples on the market today, and features tremendously short throws and a nicely weighted clutch that is neither too heavy or too light.

After years of begging, Ford has finally answered the call, delivering the Focus RS to North American shores for the first time — and with it, a car worthy of the hype. It is one of the most fun, well-rounded sports cars I have ever driven, proving itself user-friendly and smile-inducing in a way that's hard to match.

THE CHECKLIST | 2017 FORD FOCUS RS REVIEW

THE BASICS

Engine: 2.3L turbo four-cylinder
Power: 350 hp, 350 lb-ft
Transmission: Six-speed manual
Fuel Economy (L/100 km): 12.1 city, 9.3 hwy
Price: Starts at $47,969

LOVE IT
- Power for days
- Smooth-shifting gearbox
- Torque-vectoring AWD

LEAVE IT
- Bland interior
- Non-adjustable seat bolsters
- In-your-face exterior

TECHNOLOGY

Android Auto will now be available in every car, including older ones

Jason Siu
AutoGuide.com

Google is making it even easier for people with Android phones to safely enjoy their devices while they drive.

Android Auto was launched two years ago with the goal of better integrating phones and cars, giving drivers an easier way to access the information they need.

Although there are currently more than 200 new car models that support Android Auto, there are still millions of older cars that aren't able to take advantage of the technology.

A new update now allows anyone with an Android phone running 5.0 or later to take advantage of Android Auto, right from their phone screen.

So whether an Android phone is connected to a compatible car display or placed in a car mount, drivers can access all the important data they need, such as directions, music, and communications, without the distraction of non-essential information while driving.

At the same time, users can listen to music through apps like Spotify, Pandora or Google Play Music, as well as make calls or send messages with hands-free voice commands. Naturally, there's also turn-by-turn navigation with Google Maps.

The update also adds the ability to automatically start the Android Auto app when the phone is paired to the car via Bluetooth.

The company also plans on enhancing the support for hands-free voice commands in the coming weeks.

An iPhone is connected to a 2016 Chevrolet Malibu. An update now allows anyone with a newer Android phone to take advantage of Android Auto. THE ASSOCIATED PRESS FILE

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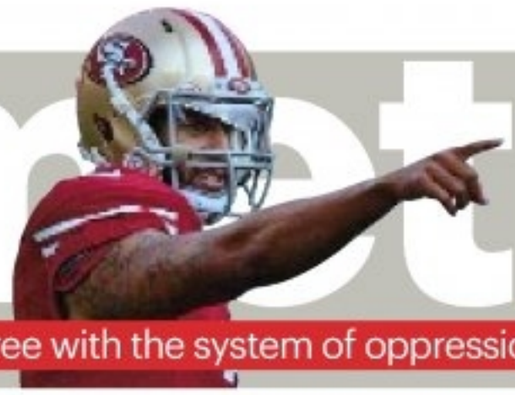


"I don't agree with the system of oppression": Colin Kaepernick is standing by his decision not to vote in the U.S. presidential election

Jets defenceman Dustin Byfuglien and the Blackhawks' Marcus Kruger collide at MTS Centre.
THE CANADIAN PRESS/JOHN WOODS

NHL

Hellebuyck stars as Jets shut out Chicago

Connor Hellebuyck made 27 saves for his first shutout of the season, and third of his career, as the Winnipeg Jets bounced the Chicago Blackhawks 4-0 on Tuesday. Three of Winnipeg's four goals were notable firsts.

Rookie defenceman Josh Morrissey scored his first NHL goal, while forwards Chris Thorburn and Nic Petan earned their first goals of the season. Rookie sniper Patrik Laine also scored his 12th goal of the season for the Jets (9-7-2), who now have points in their past five games. Nikolaj Ehlers picked up a pair of assists.

Chicago netminder Corey Crawford was replaced by Scott Darling after letting in four goals on 22 shots. Darling made two saves. It was the first of five games between the clubs this season, who went into the contest with Chicago first in the Central Division and Winnipeg second. The Blackhawks (11-4-2) had picked up points in each of their previous 11 games. It was their first game of a season-long, seven-game road trip.

THE CANADIAN PRESS

TUESDAY in Winnipeg

4	0
JETS	B'HAWKS

Finnish talent now in the fast Laine

NHL

Jets' forward one of potent new crop from modest nation

More than two decades after the "Finnish Flash" took the NHL by storm, a generation of Finns is building on Teemu Selanne's unforgettable legacy.

Patrik Laine of the Winnipeg Jets leads the NHL in goals at age 18 and is at the forefront of Finland's infusion of young talent. Between the Carolina Hurricanes' Sebastian Aho, Florida Panthers' Aleksander Barkov, Edmonton Oilers' Jesse Puljujarvi and San Jose Sharks' Joonas Donskoi, this is arguably the strongest wave of Finnish forwards the league has seen.

Finland has a proud hockey program that produced Selanne, brothers Saku and Mikko Koivu and plenty of star defencemen and elite goaltenders. Now the Scandinavian country of 5.5 million people is churning out some of the fastest and most skilled young players around.

"There was a time, a couple of age groups, that we really didn't have any superstars," Finnish goaltender Tuukka Rask of the Boston Bruins said. "We really didn't have any goal-scorers or superstars coming. Now, it's totally opposite. We have many of them coming up."

Finland currently has as many NHL players (33) as it does indoor rinks. By comparison, Canada has 3,250 rinks and the United States has 1,800.

"A country that big, you look at their sheer population and the numbers, it's amazing the players they're pumping out," Sharks coach Peter DeBoer said. Some of Finland's best are 21 and under, and three of the top five picks in the 2016 draft were Finns: Laine at No. 2, Puljujarvi at No. 4 and defenceman Olli Juolevi to the Vancouver Canucks at No. 5.

That's a long way from a weak 2009 draft that led the Finnish Ice Hockey Association to hold a summit, the result of which was a greater focus on individual skill development.

Couple that with the influx of arenas to grow the game that followed Finland's win at the 1995 world championship, and Finland has made a national commitment to growing faster, more skilled players to stack up against the world's best. "I'm really proud," Donskoi said. "It's great to see that, I think, Finnish hockey's going the right direction."

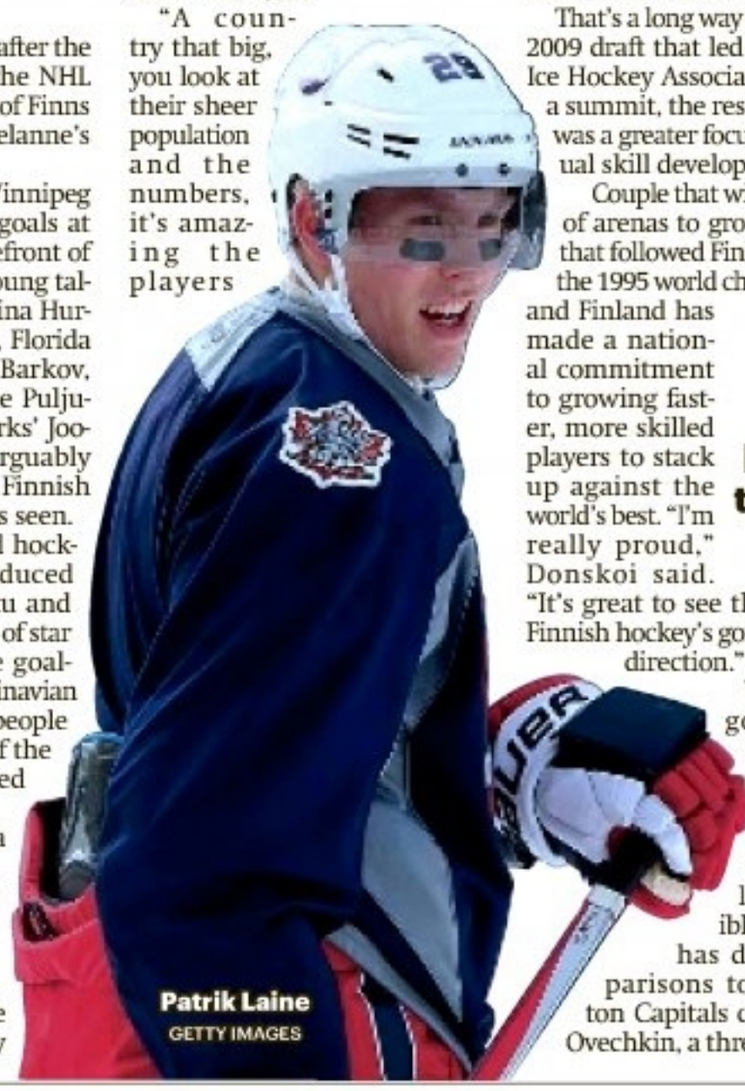
With 11 goals in his first 17 games, Laine is the poster boy for Finland's incredible strides. He has drawn comparisons to Washington Capitals captain Alex Ovechkin, a three-time MVP who said Laine could score 50 or 60 goals if he continues to improve.

While Donskoi looked up to Selanne and the Koivu brothers, Laine considered Ovechkin his idol. Now he wants to be even better. "I love the way he scores goals. He has an amazing shot and (he's) an amazing player, but I want to be myself. I have a lot to learn. I think I have to grow that if I want to get to his level."

Teammates think Laine has limitless potential, just like executives believe Barkov could be as good of a two-way player as three-time Stanley Cup-winning Chicago Blackhawks captain Jonathan Toews. Barkov is just 21.

"They do everything so that you'll grow up as a good player and a good sportsman," said Barkov, who had 59 points in 66 games last season, of the coaching system in Finland. "They help you a lot, especially in the junior national team."

THE ASSOCIATED PRESS



Patrik Laine
GETTY IMAGES

I think Finnish hockey is going in the right direction.
Sharks' Joonas Donskoi

PROLIFIC

Patrik Laine led the NHL in goals with 11 going into Tuesday night's clash with Chicago.

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Romo concedes starting gig

NFL

Veteran QB says he will guide Prescott for Cowboys

Tony Romo stopped a reporter in the middle of what appeared to be the first question in his first meeting with the media since August.

The Dallas quarterback brought a statement, and he wasn't going to answer any questions Tuesday.

The 36-year-old coming off his fourth back injury in less than four years conceded the starting job to Dak Prescott, who has led the Cowboys (8-1) to a franchise season record-tying eight straight wins and the best record in the NFL.

And a sombre Romo didn't hide his disappointment while reading the five-minute statement.

"He's earned the right to be our quarterback," Romo said of the 23-year-old rookie. "As hard as that is for me to say, he's earned that right. He's guided our team to an 8-1 record and that's hard to do."

Romo, who broke a bone in his back in a pre-season game, is expected to be Prescott's backup Sunday at home against Baltimore (5-4). It should be the first time Romo is active since Thanksgiving last year, and the first time in 10 years he isn't the Dallas starter.

"If you think for a second that I don't want to be out there, then you probably never felt the pure ecstasy of competing and winning," Romo said. "That hasn't left me. In fact, it may burn now more than ever."

Romo was surprisingly reflective as well, recalling the early days of his career when he was an unheralded free agent fighting to stay on the roster. Now he's the franchise leader in passing yards and touchdowns, ahead of Super Bowl winners Roger Staubach and Troy Aikman.

But he's also in the same place Drew Bledsoe was in 2006 when Romo replaced an ineffective Bledsoe at halftime of a loss to the New York Giants six games into the season and never gave up the starting job.

"I remember the feeling like it was yesterday," Romo said. "It really is an incredible time in your life. And if I remember one thing from back then, it's the people that helped me along when I was young. And if I can be that to Dak, I tried to be and I will be going forward."

Romo signed the first $100-million contract in franchise history in 2013 and counts $20.8 million against the salary cap this season. The cap hit next year is nearly $25 million, but the Cowboys can reduce it by roughly $5 million if they release him. THE ASSOCIATED PRESS

The oft-injured Tony Romo is staying patient as he awaits his turn to start once again.
JAE S. LEE/THE DALLAS MORNING NEWS VIA AP

106.2

Dak Prescott has compiled the league's fourth-best passer rating (106.2) with 14 touchdowns and just two interceptions.

GETTY IMAGES

CFL

Grey Cup fete backs LGBTQ community

The Canadian Football League is rolling out the rainbow carpet at the Grey Cup in Toronto.

The CFL and You Can Play will host an official party supporting the LGBTQ community for the first time in CFL history, on Nov. 25 — the Friday night of Grey Cup Weekend.

The celebration, in downtown Toronto, will be powered by global law firm Baker & McKenzie, and Striker Sports Bar — Canada's first LGBTQ sports bar which opened in September.

"It's another step we're taking to ensure the CFL is a home for all fans," CFL commissioner Jeffrey Orridge said in a statement. THE CANADIAN PRESS

IN BRIEF

CFL moving its national combine to Regina

The CFL is breaking with 17 years of tradition and moving its biggest off-season event, the national players' combine, west to Saskatchewan.

The league will host the combine, part of the CFL Week event, from March 20-26 in Regina. The combine has been held in Toronto since 2000.

Regina will be the first of many rotating stops for the combine and the larger CFL Week. THE CANADIAN PRESS

Roberts, Francona named managers of the year

Dave Roberts of the Los Angeles Dodgers won the National League Manager of the Year award and Terry Francona of the Cleveland Indians earned the AL honour on Tuesday.

Roberts won in his first year as a manager, while it was Francona's second time winning the award.

Members of the Baseball Writers' Association of America voted at the end of the regular season.

THE ASSOCIATED PRESS

NBA

LeBron takes issue with term 'posse'

LeBron James respected Phil Jackson's unmatched coaching accomplishments. That affection has vanished.

"I've got nothing for him," James said Tuesday.

James fired back at the 11-time coaching champion and current New York Knicks president for using the word "posse" in a recent interview to describe the NBA megastar's business associates. James said he lost all respect for Jackson and his comments underline a larger societal issue for young African-Americans trying to succeed in business.

Phil Jackson
GETTY IMAGES

The word "posse" struck a chord with James, who has surrounded himself with childhood friends during his career.

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✸ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
This is a day full of surprises. You might meet new people, especially younger people or people who are characters. Enjoy this day!

Taurus April 21 - May 21
Your finances are unpredictable today. Please take note: This is a poor day to spend money on anything other than gas, food and entertainment.

Gemini May 22 - June 21
For most of this day, the Moon is in your sign, but it is adrift. This is why you feel indecisive and unsure of what to do next. Just go with the flow.

Cancer June 22 - July 23
Solitude and a chance to work alone will appeal to you today. This is a poor day for making important decisions or spending money on anything other than gas and food.

Leo July 24 - Aug. 23
You will enjoy a heart-to-heart conversation with a female friend today. This is the kind of day where people will let their hair down and confide in each other.

Virgo Aug. 24 - Sept. 23
Be aware of what you do today, because others will notice you. This is not a good day for making important decisions. Do not volunteer for anything or accept increased responsibilities.

Libra Sept. 24 - Oct. 23
You will enjoy travel for pleasure today, plus a chance to see beautiful places and artistic objects. You want to expand your mind, but you don't want to make too much effort to do so

Scorpio Oct. 24 - Nov. 22
Although you are focused on shared property, insurance issues, taxes and debt, today is a poor day to make important decisions in these areas. Just do your homework.

Sagittarius Nov. 23 - Dec. 21
For most of today, do not make demands of others. Conversely, don't volunteer for anything, either. Just go with the flow.

Capricorn Dec. 22 - Jan. 20
Your efforts to get better organized today will be challenged by silly interruptions and delays. Just take care of business as usual, and don't initiate anything new.

Aquarius Jan. 21 - Feb. 19
This is a wonderful, creative day for you! Look for ways to express your artistic talents. Enjoy sports events, social outings and playful times with children.

Pisces
Feb. 20 - March 20
This is a good day to cocoon at home and do as little as possible. Use today to recharge your energy in a laid-back, easygoing way.

CONCEPTIS SUDOKU by Dave Green
Every row, column and box contains 1-9

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RECIPE Shrimp with Bacon and Polenta

Ceri Marsh & Laura Keogh
For Metro Canada

We call this dish a pantry staple (you keep shrimp in the freezer and polenta in the cupboard, right?) so you're always only 25 minutes away from dinner.

Ready in 25 minutes
Prep time: 10 minutes
Cook time: 15 minutes
Serves 4

Ingredients
- 1 cup instant polenta
- 4 1/2 cups water
- 1/4 cup bacon, chopped
- 2 garlic cloves, minced
- 2 Tbsp olive oil
- 28 oz can of tomatoes
- 1 lb frozen or fresh shrimp, peeled, deveined, washed
- 1 small handful of parsley

Directions

1. Bring water to boil and slowly pour in polenta. Lower heat and keep stirring 3 to 5 minutes. Then take it off the heat and cover.

2. In a large pot, warm olive oil, then add bacon and garlic. Cook a few minutes until bacon gets brown, but not crispy. Add tomatoes and break up with back of a wooden spoon or a potato masher. Simmer about 10 minutes.

3. Toss shrimp, with or without tails, into tomato mixture and stir, cooking about 3 minutes, or until shrimp are cooked.

4. Give polenta another stir and maybe add a splash of water to loosen it. Create a nest of polenta and then ladle your saucey shrimp on top. Garnish with parsley.

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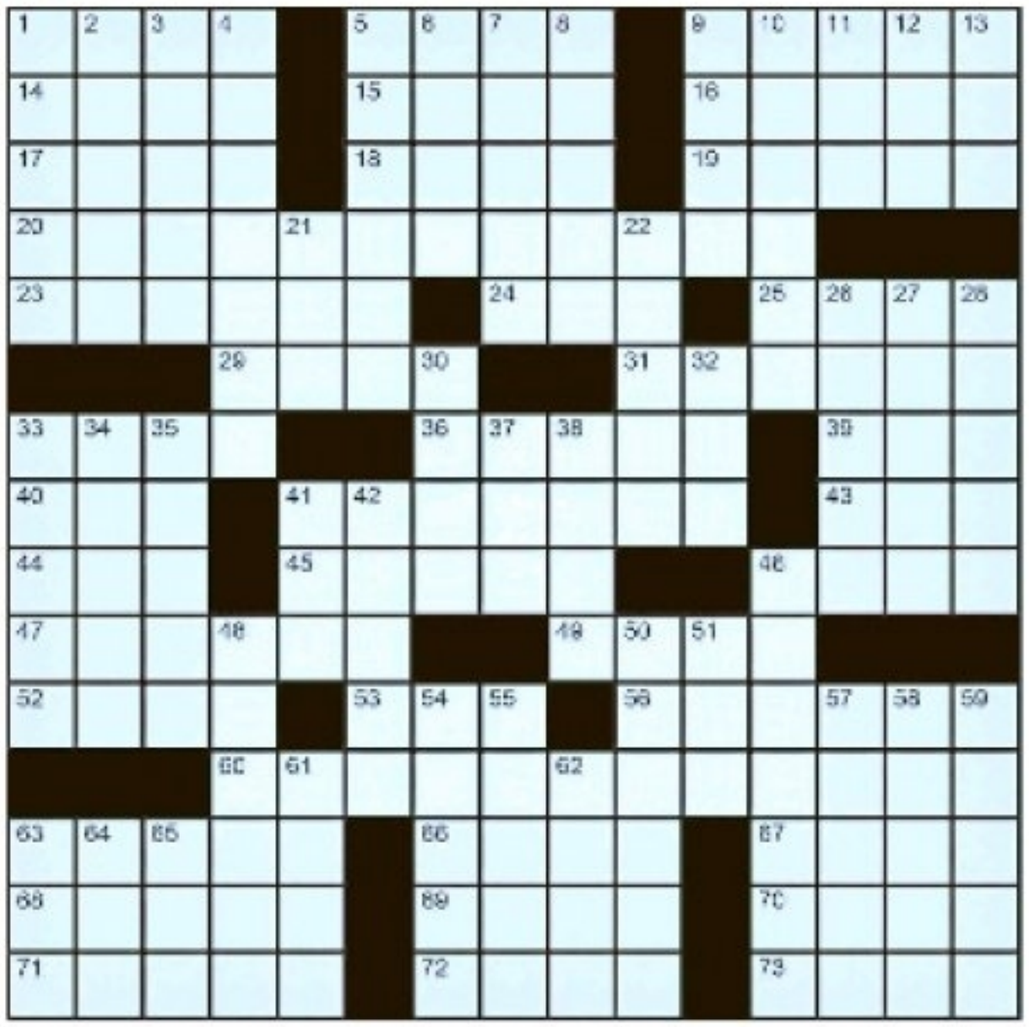
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ANSWERS ONLINE metronews.ca



ACROSS
1. King of Norway
5. Certain credit card
9. Concerning
14. Photographer/Mistress/Muse of Picasso, __ Maar (b.1907 - d.1997)
15. Worldwide [abbr.]
16. __ Bay, Ontario
17. "Blame __ __ the Boogie" by The Jacksons
18. Tread
19. Rhinoplasty targets
20. Calgary Flames' affiliated team in California in the AHL: 2 wds.
23. Russian ballet legend Ms. Karsavina (b.1885 - d.1978)
24. Lummox
25. Camera lovers
29. Jim Carrey movie, "The __" (1994)
31. Be a hero
33. Elvis Presley dog song: "Old __"
36. Fab Four's famous Road
39. G7 summit attendee
40. "__ the Dog" (1997)
41. 1971 hit for Canadian band Stampeders: 2 wds.
43. Kevin Costner movie, "__ Cup" (1996)
44. Not one in particular
45. "__ Is Born" (1976)
46. Jiffs
47. Creative genre for Andy Warhol: 2 wds.
49. Financial woe
52. Takes a chair
53. Sir McKellen
56. Frothy sweat treat
60. Be like Tina Turner and Bryan Adams on "It's Only Love": 3 wds.
63. Trans Canada __
66. Nature's oxygen provider
67. Monogram's first name letter [abbr.]
68. Bizarre
69. Send forth
70. 'Susp' add-on
71. Wheel shafts
72. Blaring blah-blah-blah...
73. Types of orchestras, for short

DOWN
1. Poet like John Keats
2. "Whole __ Love" by Led Zeppelin
3. "__ __ with a View" (1985)
4. Canadian actress Emily of "Captain America: Civil War" (2016)
5. Scenic views
6. "__ the Groove" by Madonna
7. Office item, __ pad
8. __ male
9. Ms. Kendrick
10. Restaurant seating preferences
11. Eithers partners
12. Driver's 4x4, commonly
13. Pluralled li'l weekday after Wednesday
21. Isthmus of __ (Malay Peninsula part)
22. Mr. Zimbalist Jr.
26. Intense
27. Madonna song
28. Mr. Penn's
30. Go-__ (Fun racer)
32. Behold
33. Give and takes
34. Vietnam's capital city
35. Country in Africa
37. Lingerie item
38. Roger McGuinn, as a 1960s band member
41. Ford product
42. Awakened
46. Analyzes
48. Pursue a passion
50. Rik of Canadian rock band Triumph
51. Glamorous accessory
54. Blue Rodeo's "__ the Rain"
55. Montreal-born actress Ms. Shearer (b.1902 - d.1983)
57. Bright outside
58. Earthquake
59. 'Disk' suffixes
61. Yores
62. Harness
63. Defunct airline, e.g.
64. T__ (Big dino)
65. Garlic: French

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